BASINGSTOKE BREAST CANCER SELF HELP GROUP

Minutes of the meeting held 26th March 2019

18 members attended

Chairman: Angela Bennett

Treasurer: Renee Smith

Minutes: Lyn Nelson

Newsletter: Liz Janes

Fundraising: Joyce, Isobel, Pat, Ann, Liz, Maureen and Lyn

Minutes of the last meeting verified as a true record.

Meeting:

The group concert is to take place on 6 April at Queen Marys College. Doors open 6.30pm, show starts at 7.00pm, the ticket sales have gone well and we look forward to the show.

The Sports Centre taster organised by Gary Burrows will be taking place on 5 April 1pm to 2pm. This is exercise for ladies after going through breast cancer surgery and is to replace the sessions that had to be cancelled due to the bad weather earlier in the year

Afternoon tea on The Watercress Line is on 16 May we will be travelling by coach to Alresford due to the lack of parking at the station. The cost will be £25 for the trip leaving the Leisure Park at 2pm and returning at 6.30pm. We board the train at 3.30pm travelling to Alton and returning to Alresford during which we will be served with our afternoon tea. Please bring correct money or a cheque payable to Basingstoke Breast Cancer Self Help Group in a sealed envelope with your name and guest name if you are bringing one.

Ann Knight has kindly organised a trip with guided tour to Ash Park garden in Overton, there will be tea/coffee and cake afterwards. The cost is £9 per person in aid of the Kingfisher Trust. There are two trips available - Friday 14 June and Tuesday 18 June, both 2pm-5pm. Please bring your money to the next meeting in a sealed envelope with your name on for Ann.

The Basingstoke Canal trip is on 19July, details to follow at a later date

The Look Good Feel Better sessions (available to ladies within one year of surgery) are continuing at Candover Clinic.

Tesco charge 10p per plastic carrier bag and they have set up a scheme called “Bags of Help”. Local community groups are encouraged to make an application for a grant. The scheme will run from 1 May until 30 June. There will be token boxes at the entrances and exits of local Tesco stores and the group with the most tokens will receive £4000. Please make sure friends and family ask for the tokens when shopping.

**Future guest speakers:**

* Jackie Bond at the next meeting
* Mr Kevin Harris on 28May
* Jane Meakin – self-development and connections on 30 July
* Madeline Havis (breast care screening sister) and Mary Bosier (radiologist) on 24September
* Sandy Lyford (matron of the Breast Care Unit) and the breast care nurses on 22 October.

The meeting finished with a raffle.